



1. **Art** – Paintings, sculptures, collages, collections, textiles.
2. **Colors** – Surround yourself with the ones you love!  
Elemental Associations –  
Wood = Blues & Greens  
Fire = Reds  
Earth = Yellows & Earth tones  
Metal = White & Pastels  
Water = Black & Dark tones
3. **Crystals** – Round and faceted to circulate Ch'i
4. **Lighting** – Electric, candles, oil, natural sunlight
5. **Living Things** – Plants, flowers, animals
6. **Mirrors** – In general, the bigger, the better, except in bedroom
7. **Objects of Nature** – Rocks, shells, potpourri, seeds, pods, etc.
8. **Sound Makers** – Wind chimes, bells, music, instruments
9. **Water Features** – Fountains, waterfalls, ponds, birdbaths, etc.
10. **Wind Dancers** – Mobiles, whirligigs, flags, banners, weathervanes

***Live with what you love!***